

Appendix

Observation sheet to check the number of students that exhibit disruptive behavior in each week. (Week 5 to 16)

Week	5	6	7	8	9	10	11	12	13	14	15	16	Total
Types of disruptive behavior	Number of students												
Looking outside the window													
Late comers													
Talking in the class													
Laughing/ shouting													
Drawing pictures													
Shifting form one chair to another													

Mark (*) for each time the student exhibits the given list of disruptive behavior in the classroom.

SL no.	Name	Monday and Wednesday						
Disruptive behavior		Looking outside the window	Late comers	Talking in the class	Laughing/ shouting	Drawing pictures	Shifting form one chair to another	Total
1	Karma							
2	Dawa							
3	Jurmey							
4	Sangay							
5	Sonam							
6	Mindu							
·								
·								
·								
32	Tashi							

This is an open-access article distributed under the terms of a Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International (CC BY-NC-SA 4.0) license.