

Biodata: Lena Barrantes



Dr. Lena Barrantes holds a Ph.D. on Educational Research from the University of Calgary. She is an EFL instructor at Universidad Nacional, Sede Regional Brunca in Costa Rica. She holds a BA in EFL education, a master's degree in Second Languages and Culture, and a master's degree in Educational Leadership. She has worked as a pre-service and an in-service EFL teacher trainer. Her current research focuses on the professional agency of EFL instructors in higher education and EFL teaching and learning. Her research works have been published in academic journals in Canada, Mexico, Spain, Argentina, Costa Rica, and Peru.