

Appendix

Questionnaire part on online self-regulated English learning (Zheng et al., 2016; Su et al., 2018)

Factor	Item	Question
Goal setting	GS1	I don't compromise the quality of my work in the English course just because it is online.
	GS 2	I set goals to help me manage study time for my online English learning.
	GS 3	I keep a high standard for my learning in my online English course.
	GS 4	I set standards for my assignments when learning English online.
	GS 5	I set short-term (daily or weekly) goals as well as long-term (monthly or for the semester) goals when learning the English course online.
Environment structuring	ES 1	I choose a good location for learning English online to avoid too much distraction.
	ES 2	I find an appropriate place for me to concentrate on my online learning of English.
	ES 3	I know where I can learn English online most efficiently.
	ES 4	I choose a time with few distractions when studying English online.
Task strategies	TS 1	I try to take more thorough notes for my online courses because notes are even more important for learning English online than in a regular classroom.
	TS 2	I read aloud the English instructional materials posted online to fight against distractions.
Time management	TM 1	I make use of my fragmental time to learn English online.
	TM 2	I try to schedule the same time every day to learn English online, and I observe the schedule.
	TM 3	Although we don't have to attend daily online English classes, I still try to distribute my studying time evenly across days.
Help seeking	HS 1	I share my problems with my classmates online so we know what we are struggling with and how to solve our problems.
	HS 2	If needed, I try to meet my classmates face-to-face and discuss problems when learning English online.
	HS 3	I find someone who is knowledgeable in online English language learning so that I can consult with him or her when I need help.
Self-evaluation	SE 1	I communicate with my teachers to find out how I am doing with my online English learning.
	SE 2	I summarise my online English learning to examine my understanding of what I have learned.
	SE 3	I ask myself a lot of questions about the course material when studying for an online course.

Questionnaire part on English language self-efficacy (Wang et al., 2014; Su et al., 2018)

Factor	Item	Question
Listening self-efficacy	Listening 1	Can you understand radio programs in English speaking countries (like VOA Special)?
	Listening 2	Can you understand American English TV programs?
	Listening 3	Can you understand English radio programs made in Vietnam (like Vietnam Radio International)?
	Listening 4	Can you understand English lectures of general topics?
	Listening 5	Can you understand English songs?
	Listening 6	Can you understand stories told in English?
	Listening 7	Can you understand English TV programs made in Vietnam?
Speaking self-efficacy	Listening 8	Can you understand English movies without Vietnamese subtitles?
	Speaking 1	Can you introduce your instructors to someone else in English?
	Speaking 2	Can you ask people for help in English?
	Speaking 3	Can you introduce yourself in English?
	Speaking 4	Can you do English presentations in class?
	Speaking 5	Can you ask your English instructor questions in English?
	Speaking 6	Can you describe the way to the Yersin University from the place where you live in English?
	Speaking 7	Can you describe the Yersin University to other people in English?
	Speaking 8	Can you discuss subjects of general interest with your fellow students in English?
	Speaking 9	Can you tell a story in English?
Speaking 10	Can you answer your English instructor's questions in English?	
Reading self-efficacy	Reading 1	Can you understand the English news on the Internet?
	Reading 2	Can you read short English narratives?
	Reading 3	Can you read English newspapers?
	Reading 4	Can you understand English articles about Vietnamese culture?
Writing self-efficacy	Writing 1	Can you leave a note for another student in English?
	Writing 2	Can you write English compositions assigned by your English instructor?
	Writing 3	Can you write email messages in English?
	Writing 4	Can you write coherent English sentences?
	Writing 5	Can you punctuate correctly when you write English essays?
	Writing 6	Can you use accurate grammar when you write English essays?